



**SPEAK
UP!!**

Mental Health - It's OK to Talk About It.
Everyone Has It...Some Might Need Help With It.

ATTEND A FREE WORKSHOP VIA ZOOM
Tuesday May 18th, 2021 from 11:30AM – 1:00PM

PRESENTERS:

Lucas Wolfe from 'Minding Your Mind' would tell you he lived a perfect life, yet he still struggled with depression. He hid his battle for years until finally asking for help and receiving treatment. Now Lucas seeks to help others by sharing his story of recovery.

Joel Friedman, PhD is the Director of Outpatient Services for Center for Family Guidance, PC. Dr. Friedman is a licensed psychologist with over 25 years of experience. He has provided direct clinical care, supervision, managerial services, policy development and consulting services in a wide variety of settings including private outpatient offices, correctional facilities, hospitals, schools, and corporate offices.

Register here: http://bit.ly/CC_VirtualMentalHealth

Virtual instructions will be provided a day before the workshop.

CADC CEUs may be available for through Camden County's Addiction Program.

Brought to you by the Camden County Board of Commissioners, Camden County College, Partnership for Suicide Prevention, GCADA and the Camden County Municipal Alliance Program

